

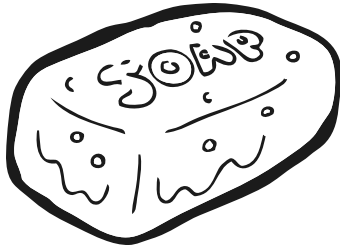
ADVANCED PIERCING AFTERCARE

TATTOO AND PIERCING

EST. 1977

519-252-1081

Your piercing is most prone to infection within the first 48 hours
Please read/follow these instructions to ensure proper healing



Cleanse around pierced area, lather, and then gently **squeeze piercing**. This can be done **in the shower**, but **ensure it's done last to avoid contamination** via shampoo/conditioner

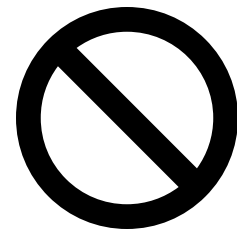


Twice a day, cleanse pierced area with a fresh Q-tip soaked in **saline solution**
OR
saline wound wash directly to pierced area. **Soak for 5 minutes** and repeat once, then gently pat dry with clean paper towel.

TO AVOID INFECTION. DON'T TOUCH PIERCING WITH UNWASHED HANDS BEFORE IT'S HEALED

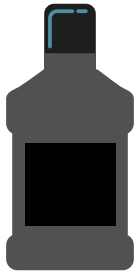
DON'T...

- Touch piercing(s) without thoroughly cleaned hands
- Have any contact with saliva / bodily fluids
- Soak in water (ex: swimming, baths, hot tubs)
- Take out jewelry, even if it looks infected (Removing can trap infection, making it worse)
- Play/fidget with piercing



...UNTIL PIERCING IS HEALED.

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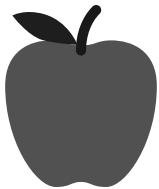


Twice a day, rinse mouth with **alcohol free Listerine/mouth wash**, as well as after everything you eat or drink.

The only exception to this being bottled water.



Take Ibuprofen to help decrease initial swelling.



Use common sense when eating. Eat what is comfortable and take time to get used to the jewelry in your mouth.

TO AVOID INFECTION. DON'T TOUCH PIERCING WITH UNWASHED HANDS BEFORE IT'S HEALED

(Rest is key. It will heal faster if you avoid playing with it, touching it, sticking it out, chew on it, etc.)

DON'T...

- **Have any contact with foreign bodily fluids for at least one month**
- **Touch piercing with unwashed hands**
- **Smoke (until healed). Smoking lengths healing process considerably**
- **Drink alcohol for 3-4 days to avoid prolonged healing and swelling**